

**EMORY UNIVERSITY SCHOOL OF MEDICINE
STANDARD CURRICULUM VITAE FORMAT**

Revised: 4/8/2016

Name

Noriel E. Lim, Ph.D.

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Citizenship

USA

Current Titles and Affiliations

a. Academic Appointments:

Assistant Professor
Department of Psychiatry and Behavioral Sciences
Emory University School of Medicine
September 2013 – present

Associated Assistant Professor
Department of Psychology
Emory College of Arts and Sciences
October 2014 – present

b. Clinical Appointments:

Staff Psychologist
The Emory Clinic
September 2013 – present

Previous Academic and Professional Appointments

Postdoctoral Fellow
Department of Psychiatry and Behavioral Sciences
Child and Adolescent Mood Program
Emory University School of Medicine
September 2011 - August 2013

Licensures / Boards

Clinical Psychology / Georgia Board of Psychology

Education

B.A. in Anthropology and in Psychology, University of California at Berkeley, 2003
M.A. in Psychology, University of Illinois at Urbana-Champaign, 2009
Ph.D. in Clinical-Community Psychology, University of Illinois at Urbana-Champaign, 2011

Postgraduate Training

Internship in Clinical Psychology
Clinical Child Psychology Track

State University of New York, Upstate Medical University
September 2010 - August 2011

Postdoctoral Fellowship in Psychology
Child and Adolescent Mood Program
Emory University School of Medicine
September 2011 - August 2013

Committee Memberships

a. National and International:

Convention Co-Chair, Asian American Psychological Association Conference, 2014-2016
Program Committee Member, American Psychological Association Conference, Division 45, 2006, 2012, 2013, 2014, 2016
Poster Committee Co-Chair, Asian American Psychological Association Conference, 2012-2014
Program Committee Member, Association of Behavioral and Cognitive Therapies Conference, 2013, 2014, 2015, 2016
Program Committee Member, American Psychological Association Conference, Division 53, 2012, 2013

b. Institutional:

Emory University School of Medicine

Department of Psychiatry and Behavioral Sciences, Web Committee, Member, January 2014 - present
Department of Psychiatry and Behavioral Sciences, Faculty Development Committee, Member, August 2013 – present

University of Illinois

Department of Psychology, Student Diversity Committee, Member, 2009
Department of Psychology, Graduate Student Organization, Member, 2008 - 2009
Department of Psychology, Psychological Services Center Advisory Committee, Member, 2006 - 2008
Department of Psychology, Clinical-Community Division, Admissions Committee, Member, 2004, 2006
Department of Psychology, Clinical-Community Division, Student Advisory Committee, Class Representative, 2005 - 2006
Diversity Committee, Member, 2004

Manuscript Reviewer

Focus: The Journal of Lifelong Learning in Psychiatry, 2015 – present
The Counseling Psychologist, 2014 – present
Cognitive and Behavioral Practice, 2013 – present
Clinical Psychology: Science and Practice, 2012 – present
Wiley Publisher, 2012

Honors and Awards

Asian American Psychological Association Poster Award, Honorable Mention, 2012
Asian American Psychological Association Dissertation Research Award, 2009
National Science Foundation Diversity Research Fellowship, University of Illinois, 2009
List of Teachers Ranked as Excellent by Their Students, University of Illinois, 2007 - 2010
Ethel and Glenn Higginson Research Fellowship, University of Illinois, 2006
Warner Brown Memorial Award for Excellence in Research in Psychology, UC-Berkeley, 2003
UC-Berkeley Summer Research Opportunities Program Fellowship, 2002
California at Berkeley Alumni Scholarship, 1999

Society Memberships

Association of Behavioral and Cognitive Therapies, 2011 - present
Asian American Psychological Association, 2006 - present
American Psychological Association, 2004 – present
American Society of Criminology, 2006 – 2008

Society for Community Research and Action, 2005 - 2008
Academy of Criminal Justice Sciences, 2005 - 2006

Research Focus

Child and adolescent development, mental health and intervention, anxiety disorders, mood disorders and suicide, parenting, family relationships and functioning, emotion regulation and psychopathology, Asian American and Latino immigration, cross-cultural psychology, academic achievement, juvenile justice/delinquency

Grant Support

a. Active Support:

Federally Funded:
National Institute of Mental Health
InSuLa Assessed Needs for Depression (The ISLAND Study)
PI: Helen Mayberg, M.D.
Role: CBT Therapist, 2014 - present

b. Previous Support:

National Institute of Mental Health (NIMH R01 MH080880-01A1)
Predictors of Treatment Response, Relapse, and Recurrence in Major Depression (PREDICT Study)
PI: W. Edward Craighead, Ph.D.
Role: CBT Therapist, 2012 - 2014

Emory University, University Research Committee Grant
Evaluating Etiological Factors that Contribute to the Development of Borderline Personality Disorder in Adolescents
PI: Cynthia Ramirez, Ph.D.
Role: Co-Investigator and Assessor, 2013

National Science Foundation Diversity Research Fellowship, University of Illinois
Filipino American Children's Satisfaction with Parental Upbringing, \$2000
Role: PI, 2009

Asian American Psychological Association Dissertation Grant
Filipino American Children's Satisfaction with Parental Upbringing, \$500
Role: PI, 2009 - 2010

Ethel and Glenn Higginson Research Fellowship, University of Illinois
Parental Socialization of Negative Emotions, \$2000
Role: PI, 2006

Critical Research Initiative Grant, University of Illinois
Korean American Mental Health in Its Familial Context
PIs: Sumie Okazaki, Ph.D., Nancy Abelmann, Ph.D., Angela Wiley, Ph.D.
Role: Research Assistant, Study Coordinator and Interviewer, 2003 - 2004

National Institute of Mental Health Minority Research Supplement, UC-Berkeley
Long-Term Marriage Study, 2002 - 2003
PI: Robert W. Levenson, Ph.D.
Role: Research Assistant and Trainee

Formal Teaching

Introduction to Psychology, 2009-2010
Abnormal Psychology, 2006-2009
Asian American Psychology, 2007
Juvenile Justice, 2004-2006

Supervisory Teaching

a. PhD Students Directly Supervised:

Julia Schechter, MA, 2013, Ph.D. student, Emory University Department of Psychology
 Meaghan McCallum, MA, 2013 – 2014, Ph.D. student, Emory University Department of Psychology
 Amanda Pema Brown, MA, 2014 – present, Ph.D. student, Emory University Department of Psychology
 Margaret Martines, MA, 2015 – present, Ph.D. student, Emory University Department of Psychology
 Allie Macdonald, MA, 2015 – present, Ph.D. student, Emory University Department of Psychology
 Lauren Marx, MA 2015 – present, Ph.D. student, Emory University Department of Psychology

b. Residency Program:

Khanh Nguyen-Van Ha, MD, 2013, Emory University School of Medicine, Psychiatry Resident
 Sarah Cook, MD, 2014, Emory University School of Medicine, Psychiatry Resident
 Constantine Galifianakis, MD, 2014-2015, Emory University School of Medicine, Psychiatry Resident
 Susan Kirsch, MD, 2014-2015, Emory University School of Medicine, Psychiatry Resident
 Paige Litz, DO, 2014-2015, Medical University of South Carolina, Child Psychiatry Fellow

c. Fellowship Program:

Raj Shekhat, MD, 2014, Emory University School of Medicine, Child and Adolescent Psychiatry Fellow
 Kimberly Linz, MD, 2015, Emory University School of Medicine, Child and Adolescent Psychiatry Fellow
 Susan Kirsch, MD, 2015-present, Emory University School of Medicine, Child Psychiatry Fellow
 Uttam Rehaja, MD, 2015-present, Emory University School of Medicine, Child Psychiatry Fellow
 Kathryn Johnson, MD, 2015-present, Emory University School of Medicine, Child Psychiatry Fellow
 Saurabh Gupta, MD, 2015-present, Emory University School of Medicine, Child Psychiatry Fellow
 Hasani Baharanyi, MD, 2015-present, Emory University School of Medicine, Child Psychiatry Fellow
 Staffel Strong, MD, 2015-present, Emory University School of Medicine, Child Psychiatry Fellow

Other Activities

1. **Lim, N. E.**, Masood, N., Okazaki, S., & Saw, A. (October, 2004). Cultural competence workshop: Asian American mental health. Presentation to Champaign County Mental Health Agency, Champaign, IL.
2. **Lim, N. E.** (March, 2006). Anxiety Facts & Resources. Panel Presentation. Anxiety Screening Day, University of Illinois at Urbana-Champaign, Champaign, IL.
3. **Lim, N. E.** (April, 2006). Asian American household and psychological factors. Intercollegiate Taiwanese American Student Association Midwest Conference, Champaign, IL.
4. **Lim, N. E.** (October, 2008). Chicken Soup for the Filipino American Soul: Filipino American Children's Guide to Sanity, Parental Satisfaction & Self Actualization. Invited Presentation. Filipino American Coming Together (FACT) Conference, University of Illinois at Urbana-Champaign, Champaign, IL.
5. **Lim, N. E.** (October, 2008). Depression Facts & Resources. Panel Presentation. Depression Screening Day, University of Illinois at Urbana-Champaign, Champaign, IL.
6. **Lim, N. E.** (February, 2009). Chicken Soup for the Filipino American Soul: Filipino American Children's Guide to Sanity, Parental Satisfaction & Self Actualization. Invited Presentation. Midwest Association of Filipino Americans Conference, University of Illinois at Chicago, Chicago, IL.
7. **Lim, N. E.** (October, 2013). Helping Parents and Students Cope with Anxiety and Stress. Invited Presentation. Druid Hills High School Parent Teacher Student Association, Atlanta, GA.

8. Ramirez, C. L., & **Lim, N. E.** (October, 2013). Basic Science of Psychotherapy. Invited Lecture. Neuroscience II Lecture Series, Emory University School of Medicine, Atlanta, GA.
9. **Lim, N.E.**, Ritschel, L.A., Ramirez, C.L., Johnson, B.N., Carey, S.C., & the CAMP DBT Team (February, 2014). Adolescent DBT Program: Overview, Treatment Outcomes, and Family Involvement. Invited Presentation. National Education Alliance BPD, Atlanta, GA.
10. **Lim, N.E.** (July, 2014). Children's Anxiety Disorders. Invited Lecture. PGY-3 Childhood Disorders Series, Emory University School of Medicine, Atlanta, GA.
11. **Lim, N.E.** (September, 2014). Dialectical Behavior Therapy Treatment Structure and Target. Invited Lecture. PGY-3 Seminar. Emory University School of Medicine, Atlanta, GA.
12. **Lim, N. E.** (October, 2014). Basic Science of Psychotherapy. Invited Lecture. Neuroscience II Lecture Series, Emory University School of Medicine, Atlanta, GA.
13. **Lim, N. E.** (December, 2014). Treatment of Anxiety Disorders in Children. Invited Lecture. Psychiatry Fellowship Program, Emory University School of Medicine, Atlanta, GA.
14. **Lim, N. E.** (January, 2015). Anxiety and Stress Management for Students and Parents Part I: Linking Thoughts, Emotions and Actions. Invited Presentation. Druid Hills High School PTSA Lecture Series on Anxiety and Stress Management, Atlanta, GA.
15. **Lim, N. E.** (February, 2015). Anxiety and Stress Management for Students and Parents Part II: Learning How to be Mindful and Tolerate Distress. Invited Presentation. Druid Hills High School PTSA Lecture Series on Anxiety and Stress Management, Atlanta, GA.
16. **Lim, N. E.** (March, 2015). Anxiety and Stress Management for Students and Parents Part III: Learning Ways to Relax and to Reduce Vulnerability to Stress. Invited Presentation. Druid Hills High School PTSA Lecture Series on Anxiety and Stress Management, Atlanta, GA.
17. **Lim, N. E.** (April, 2015). Anxiety and Stress Management for Students and Parents Part IV: Learning How to Effectively Solve Problems and Maintain Positive Relationships. Invited Presentation. Druid Hills High School PTSA Lecture Series on Anxiety and Stress Management, Atlanta, GA.
18. **Lim, N. E.** (April, 2015). Anxiety and Stress Management for Students and Parents Part V: Learning How to Approach Anxiety-Provoking Situations. Invited Presentation. Druid Hills High School PTSA Lecture Series on Anxiety and Stress Management, Atlanta, GA.
19. **Lim, N. E.** (September, 2015). DBT: Acceptance and Change Strategies: Using Validation and Chain Analyses. Invited Lecture. Psychiatry Residency Program, Emory University School of Medicine, Atlanta, GA.
20. **Lim, N. E.** (October, 2015). Basic Science of Psychotherapy. Invited Lecture. Neuroscience II Lecture Series, Emory University School of Medicine, Atlanta, GA.
21. **Lim, N. E.** & Caporino, N.E. (November, 2016). Effectiveness of Group CBT for Children's Anxiety. Invited Presentation. Psychology Internship Program, Emory University School of Medicine, Atlanta, GA
22. **Lim, N. E.** (March, 2016). Working with AAPI Families. Invited Lecture. Psychology Internship Program, Emory University School of Medicine, Atlanta, GA.
23. **Lim, N. E.** (March, 2016). Treatment of Anxiety Disorders in Children. Invited Lecture. Psychiatry Residency and Fellowship Programs, Emory University School of Medicine, Atlanta, GA.

Bibliography

a. Published and Accepted Research Articles in Refereed Journals:

1. Ritschel, L. A., Tone, E. B., Schoemann, A. M., & **Lim, N. E.** (2015). Psychometric properties of the Difficulties in Emotion Regulation Scale across demographic groups. *Psychological Assessment, 27*, 944-954.

b. Review Articles:

1. Ritschel, L. A., **Lim, N. E.**, & Stewart, L. M. (2015). Transdiagnostic Applications of DBT for Adolescents and Adults. Manuscript in press. *American Journal of Psychotherapy, 69*, 111-128.

c. Symposium Contributions:

1. **Lim, N. E.** (August, 2002). The Role of Visual Proprioception in the Emergence of Infants' Wariness of Heights. Paper presented at the Summer Research Opportunities Program, Berkeley, CA.
2. Hellenga, K. & **Lim, N. E.** (March, 2005). Shared goals divergent perspectives: Difficulties of university- community collaboration. Paper presented at the Academy of Criminal Justice Sciences Annual Meeting, Chicago, IL.
3. Hellenga, K. & **Lim, N. E.** (June, 2005). Balancing acts in collaborative work with police and corrections. Paper presented at the Society for Community Research and Action Biennial Conference, Champaign, IL.
4. Rynczak, D., Hidalgo, B., **Lim, N. E.**, Watkins, N., & Barr, S. (October, 2005). University-Community Collaborators: Graduate Teaching Assistants Share Their Experiences. Paper presented at the Midwest ECO Conference, Saugatuck, MI.
5. **Lim, N. E.** (March, 2006). Immigrant parenting and the socialization of emotion. Paper presented at the Emerging Critical Scholarship on Asian Pacific American Issues: A Graduate Students' Conference, Champaign, IL
6. **Lim, N. E.** (August, 2006). Cultural Differences in Parental Emotion Socialization. Poster presentation presented at the Asian American Psychological Association, New Orleans, LA.
7. Hellenga, K., & **Lim, N. E.** (November, 2006). Juvenile Station Adjustments: Effects of Formalized Policy on Police Practices and Recidivism. Paper presented at the American Society of Criminology, Los Angeles, CA.
8. **Lim, N. E.**, & Hellenga, K. (November, 2006). Using Service Learning in Juvenile Justice Contexts to Improve Students' Cultural Competency. Paper presented at the American Society of Criminology, Los Angeles, CA.
9. Chow, E., **Lim, N. E.**, & Okazaki, S. (August, 2007). Parental Socialization of Sadness in Filipino American Males and Females. Poster presented at the Asian American Psychological Association, San Francisco, CA.
10. Lino, S. L., **Lim, N. E.**, & Okazaki, S. (August, 2007). Parental Socialization of Sadness in Mexican American Men and Women. Poster presented at the American Psychological Association, San Francisco, CA.
11. **Lim, N. E.**, & Hellenga, K. (November, 2007). Examining Racial Differences in Reoffending: Factors that Predict Recidivism in Anglo and African American Youths. Poster presented at the American Society of Criminology, Atlanta, GA.
12. Hidalgo, B., Margolin, M., & **Lim, N. E.** (October, 2008). Facing your Qualitative Methodology

- Anxiety and Coming Up on Top: A Mutual Support Group. Paper presented at the Midwest ECO Conference, Chicago, IL.
13. **Lim, N. E.** (August, 2010). Satisfaction with Parental Upbringing: A Study on Family Dynamics, Depression and Suicidal Ideation in Young Adult Children of Filipino Immigrants. Paper presented at the Asian American Psychological Association Conference, San Diego, CA.
 14. **Lim, N. E.**, & Okazaki, S. (August, 2012). The Satisfaction with Parental Upbringing Scale.. Poster presented at the Asian American Psychological Association Conference, Orlando, FL.
 15. **Lim, N. E.**, Sheppard, C., Stewart, L., Smith, L., & Ritschel, L. A. (May, 2012). Exploring the Factor Structure of the Difficulties in Emotion Regulation Scale (DERS) with an African American Youth Sample. Poster presented at Emory University's 5th Annual Postdoctoral Research Symposium, Atlanta, GA.
 16. Stewart, L. M., **Lim, N. E.**, Cooley, J. L., Gallagher, M. W., & Ritschel, L. A. (October, 2012). Emotion Regulation Mediates the Relationship between Hopeful Thinking and Internalizing Symptoms. Poster presented at the National Conference in Clinical Child and Adolescent Psychology, Lawrence, KS.
 17. Cooley, J. L., Ritschel, L. A., **Lim, N. E.**, Stewart, L. M., & Craighead, W. E. (October, 2012). Behavioral Activation for Depressed Adolescents: Childhood Trauma as a Predictor of Treatment Outcome. Poster presented at the National Conference in Clinical Child and Adolescent Psychology, Lawrence, KS.
 18. Zagoloff, A., Ritschel, L. A., **Lim, N. E.**, Snow, J. S., Smith, L., Ramirez, C. L., & Sheppard, C. S. (November, 2012). DBT for Adolescents: Parental Self-Report of Distress, Emotion Regulation, and Family Communication. Poster presented at the Association of Behavioral and Cognitive Therapies (ABCT), National Harbor, MD.
 19. Ramirez, C., Ritschel, L.A., & **Lim, N. E.** (November, 2012). DBT for Adolescents: The Impact of Including Parents in Skills Training. Poster presented at the Association for Behavioral and Cognitive Therapies Annual Convention, National Harbor, MD.
 20. **Lim, N. E.**, Sheppard, C., Stewart, L., Smith-Kilpela, L., & Ritschel, L. A. (November, 2012). Exploratory Factor Analysis of the Difficulties in Emotion Regulation Scale (DERS) with an African American Youth Sample. Poster presented at the Association for Behavioral and Cognitive Therapies Annual Convention, National Harbor, MD.
 21. **Lim, N. E.**, Sheppard, C., & Ritschel, L. A. (November, 2012). Dose-Effect Relationship in Dialectical Behavior Therapy for Adolescents: Assessing the Relationship between Therapy Attendance and Treatment Outcomes. Poster presented at the Association for Behavioral and Cognitive Therapies Annual Convention, National Harbor, MD.
 22. Carey, S. C., Johnson, B. N., **Lim, N. E.**, Ramirez, C. L., & Ritschel, L. A. (November, 2013). The Trajectory of Group Attendance in DBT for Adolescents. Poster presented at the 47th Annual Convention of the Association for Behavioral and Cognitive Therapies, Nashville, TN.
 23. Johnson, B. N., Carey, S. C., Ramirez, C. L., **Lim, N. E.**, Ramirez, C. L., & Ritschel, L. A. (November, 2013). Emotional Awareness Delays Engagement in Self-Harm in Adolescents with Borderline Traits. Poster presented at the 18th Annual Convention of the International Society for the Improvement and Teaching of Dialectical Behavior Therapy, Nashville, TN.
 24. Johnson, B. N., Carey, S. C., Stewart, L. M., **Lim, N. E.**, Ramirez, C. L., Craighead, W. E., & Ritschel, L. A. (November, 2013). The Impact of Behavioral Activation on Anxiety in Youth with Major Depression. Poster presented at the 47th Annual Convention of the Association for

Behavioral and Cognitive Therapies, Nashville, TN.

25. Carey, S. C., Johnson, B. N., **Lim, N. E.**, Ramirez, C. L., & Ritschel, L. A. (November, 2013). Impact of Adolescent Symptomology on Parental Stress in a DBT Skills Training Program. Poster presented at the 18th Annual Convention of the International Society for the Improvement and Teaching of Dialectical Behavior Therapy, Nashville, TN.
 26. Carey, S. C., Johnson, B. N., **Lim, N. E.**, & Ramirez, C. L. (November, 2014). Reasons for self-harm relate to different types of emotion dysregulation. Poster presented at the 48th Annual Convention of the Association for Behavioral and Cognitive Therapies (ABCT), Philadelphia, PA.
 27. Carey, S. C., Johnson, B. N., **Lim, N. E.**, & Ramirez, C. L. (November, 2014). Emotion regulation improvements differentially predict self-harm across self-reported NSSI function. Poster presented at the 48th Annual Convention of the Association for Behavioral and Cognitive Therapies (ABCT), Philadelphia, PA.
- d. Book Chapters:
1. Okazaki, S., & **Lim, N. E.** (2011). Academic and Educational Achievement among Asian American Children and Youth. In F. T. L. Leong, L. Juang, D. B. Qin, & H. E. Fitzgerald (Eds.) *Asian American and Pacific Islander Children and Mental Health, Volume 1: Development and Context* (pp. 193-218). Santa Barbara: ABC-Clío.
 2. Ritschel, L. A., Cowperthwait, C. M., Stewart, L. A., & **Lim, N. E.** (in press). Borderline Personality Disorder. In D. David, S. J. Lynn, & G. Montgomery (Eds.), *Psychotherapy: The State of the Science and Practice*. Wiley Publishers.
- e. Other Publications:
1. **Lim, N. E.**, & Okazaki, S. (2008). Discrimination. In F. T. L. Leong (Ed.), *Encyclopedia of Counseling* (Volume 3, pp. 1114-1120). Thousand Oaks, CA: Sage.