

Curriculum Vitae
Cynthia L. Ramirez, Ph.D.
Assistant Professor
Emory University School of Medicine

Education

University of Michigan, Ann Arbor, MI
Ph.D. in Clinical Psychology, 1998 – 2003
GPA: 4.0 on 4.0 scale
Master's Thesis: The effects of community violence on the mental health of Latino/a children.
Dissertation: Domestic violence and mothers' mental health in two Latino communities (Detroit, Michigan and Santiago, Chile)

Duke University, Durham, NC
Majors: Psychology (Personality/Social Concentration) and Spanish
Degree: A.B., magna cum laude, May 1997
GPA: 3.879 on 4.0 scale

Honors and Awards

Power Fellowship, September 2001 to May 2002
Community of Scholars Fellowship, May to August 2001
Fogarty Fellowship, May to July 2000
Phi Beta Kappa, 1996

Clinical Experience

Assistant Professor, Emory School of Medicine, Department of Psychiatry and Behavioral Sciences, Atlanta, GA, September 2011 – Present. Responsibilities: DBT, CBT, and BA therapist for children, adolescents, and families at the Child and Adolescent Mood Program; CBT therapist for an NIMH funded study of predictors of treatment outcome for depressed Latino/a adults; BA therapist and assessment coordinator for an internally funded study with depressed adolescents; supervision of graduate students.

Postdoctoral Fellow, Emory University, Department of Psychiatry and Behavioral Sciences, Atlanta, GA, February 2009 – August 2011. Responsibilities: CBT, BA, and DBT therapist for children, adolescents and families at the Child and Adolescent Mood Program; CBT therapist for an NIMH funded study of predictors of treatment outcome for depressed Latino/a adults; BA therapist for an internally funded study with depressed adolescents.

Clinical Psychologist, Private Practice, Quito, Ecuador, January 2005 – November 2008. Responsibilities: providing integrative therapy for children, adolescents, families, couples and adults with a range of clinical problems; personality assessment and testing for learning and attention difficulties in children, adolescents and adults; crisis management in response to trauma and violence; consultation with community schools; psychological services for employees of the U.S. Embassy in Quito and their families.

Clinical Psychologist, Universidad San Francisco de Quito, Quito, Ecuador, January 2004 – August 2008. Responsibilities: providing short term, cognitive behavioral therapy to university students, employees and their families; clinical supervision of undergraduate and master's level students studying clinical psychology.

Internship, University Center for the Child and the Family, University of Michigan, Ann Arbor, MI, September 2000 – August 2002. Responsibilities: providing integrative treatment for children, adolescents, families, and couples; formulating and presenting cases to clinical staff; co facilitating a psychoeducational group for parents of adopted preschoolers; co facilitating a social skills psychoeducational group for elementary school children; co facilitating a parent loss group for preschool children; consulting with international families living in campus housing; consulting for Head Start programs in the community; consulting with school social workers and teachers in the community; conducting evaluations for children with learning disabilities and/or attention deficit hyperactivity disorder; conducting evaluations for gifted placement; conducting personality assessment. Supervisors: Sharon Goldsteinberg, Ph.D., Daniel Greenberg, Ph.D. and Eleanor Rosenberg, M.S.W.

Practicum Student, Behavioral Medicine Clinic, Ann Arbor, MI, January 2000-April 2000. Responsibilities: conducting intakes and assessments; developing and providing behavioral treatment plans for adult patients focusing on anxiety disorders. Supervisor: Steven Schwartz, Ph.D.

Practicum Student, Psychological Clinic, University of Michigan, Ann Arbor, MI, September 1999 – December 1999. Responsibilities: conducting consultations; presenting consultation sessions to staff; developing treatment plans for young adult patients. Supervisor: Rachel Russell, Ph.D.

Group Facilitator, Neighborhood Violence Group, Cesar Chavez Academy Elementary School and Beard Elementary School, Detroit, MI, March 1999 – June 1999. Responsibilities: facilitating supportive group interventions for elementary school children exposed to chronic community violence; coordinating activities for each session; collaborating with school personnel to establish intervention groups; supervising undergraduate co-facilitators. Supervisor: Rosario Ceballo, Ph.D.

Research Experience

Assistant Professor, Emory School of Medicine, Department of Psychiatry and Behavioral Sciences, Atlanta, GA.. Research interests: (1) treatment outcomes of empirically supported treatments for depressed, anxious, and/or emotionally dysregulated adolescents and adults, (2) effectiveness of adaptations to existing protocols for use with adolescent populations, particularly Behavioral Activation (BA) and Dialectical Behavior Therapy (DBT); (3) Latino mental health issues.

Research Assistant, Neighborhood Violence Project, University of Michigan, Ann Arbor, MI, September 1998 – 2003. Responsibilities: investigating the effects of community violence and domestic violence on elementary school children and their mothers; administering questionnaires and interviews in English and in Spanish; translating the questionnaire and interview from English to Spanish; recruiting subject pool; collaborating with elementary school personnel to facilitate data collection; supervising undergraduates in the collection, coding, and entry of data. Supervisor: Rosario Ceballo, Ph.D.

Research Assistant, Family Styles Project, University of Michigan, September 2001 – 2002. Responsibilities: interviewing parents and children as part of a longitudinal study on parental bereavement. Supervisor: Al Cain, Ph.D.

Research Assistant, Minority International Research Training Program, INTA, Santiago, Chile, May 2000 – July 2000. Responsibilities: collecting data on the environmental risk factors that might impact the development of children living in economically disadvantaged neighborhoods in Santiago; collecting quantitative and qualitative data on the effects of domestic violence on the mental health of mothers living in economically disadvantaged neighborhoods in Santiago. Supervisors in the U.S.: Rosario Ceballo, Ph.D. and Betsy Lozoff, M.D. Supervisor in Chile: Marcela Castillo, M.A.

Research Assistant, Latino Health Behavior Study, University of Michigan, Ann Arbor, MI, June 1999 – August 1999. Responsibilities: conducting interviews in Spanish of Mexican migrant farm workers and their families about HIV knowledge, condom use, and sexual risk-taking behavior. Supervisor: Kathy Ford, Ph.D.

Senior Research Aide and Lab Manager, Infant Perception Lab, Duke University, Durham, NC, June 1997 – June 1998. Responsibilities: supervising and running experiments focusing on visual and spatial perception of infants; hiring and training new employees; presenting and discussing articles relative to current lab research during weekly lab meetings; recruiting subject pool; proposing and implementing new strategies for increasing the efficiency of experiments. Supervisor: Amy Needham, Ph.D.

Lab Assistant, Infant Perception Lab, Duke University, Durham, NC, September 1995 – May 1997. Responsibilities: assisting with experiments focusing on visual and spatial perception of infants; data coding and entry. Supervisor: Amy Needham, Ph.D.

Teaching Experience

Invited Lecturer for Charles F. Gillespie, MD, Ph.D., Emory School of Medicine, Emory University, October 2010 and October 2011. Integrated Treatment of Depression.

Professor, Universidad San Francisco de Quito, Quito, Ecuador, January 2004 – 2008. Duties: teaching psychology classes at the undergraduate level including Psychopathology and Psychopharmacology, Child and Adolescent Psychopathology, Introduction to Clinical Psychology, Introduction to Psychology, Sexual Abuse, Family Violence Seminar, Experimental Psychology, Theories of Motivation, and Personality Assessment; teaching Educational Psychology for masters level students in the education department.

Graduate Student Instructor, Project Outreach: Big Sibs, University of Michigan, Ann Arbor, MI, September 2002 – December 2002. Duties: organizing and directing lectures for 80 undergraduate students regarding risk factors affecting child development; preparing a syllabus for the class; preparing a course pack of relevant readings; assisting in pairing 80 undergraduate students with at risk children in the community and monitoring these mentoring relationships; selecting, training, supervising, and evaluating 10 undergraduate group leaders responsible for leading discussion sections after the lecture. Supervisor: Jerry Miller, Ph.D.

Graduate Student Instructor, Introduction to Psychopathology, University of Michigan, Ann Arbor, MI, January 2000 – April 2000 and January 2001 – April 2001. Duties: developing lesson plans and teaching for a total of four discussion sections consisting of 30 undergraduate students each; creating a class syllabus; assigning and grading papers and class projects; assisting in the administration of midterm and final exams. Supervisor: James Hansell, Ph.D.

Presentations

Ritschel, L. A. & Ramirez, C. L. (2011, November). Dialectical Behavior Therapy for Emotion Dysregulation and Non-Suicidal Self-Injury in Adolescents. Half-day Institute presented at the 2011 Annual Meeting of the Association of Behavioral and Cognitive Therapies, Toronto.

Ritschel, L. A., Cooley, J. L., Larson, J. C., Sheppard, C. S., Ramirez, C. R., & Craighead, W. E. (2011, August). Attachment style as a predictor of treatment outcome in Behavioral Activation for depressed adolescents. Poster presented at

the 41st annual European Association for Behavioral and Cognitive Therapies Congress, Reykjavik, Iceland.

Ritschel, L. A., Ramirez, C.L., Cooley, J.L., Sheppard, C.S., & Craighead, W. E. (2011, April). Behavioral Activation for depressed teens: Results of a pilot study. Symposium presented at the CINEICC International Conference, Lisbon, Portugal.

Ramirez, C.L., Ritschel, L.A., Suffness, R., & Craighead, W.E. (2010, August). DBT for Adolescents: Establishing a Program and Evaluating Outcomes. Poster presented at the 2010 Annual Meeting of the American Psychological Association, San Diego, CA.

Ritschel, L.A., Snow, J.S., Ramirez, C.L., & Craighead, W.E. (February 26, 2010). Dialectical Behavior Therapy for Adolescents: Implementation and Preliminary Outcomes. Symposium presented at the American Group Psychotherapy Association Annual Meeting, San Diego, California.

Ritschel, L. A., Snow, S., Ramirez, C., The CAMP Staff, and Craighead, W. E. (2009, November). Putting the Pieces Together: Building a DBT Program for Adolescents from the Ground Up. Poster presented at ISITDBT, New York City, NY.

Ceballo, R., Ramirez, C., & Maltese, K. L (2003, June). The neighborhood club: Intervening with children exposed to urban violence. Symposium paper presented at the Biennial Conference of the Society for Community Research and Action, Las Vegas, New Mexico.

Ramirez, C. (2002, August). The Impact of Domestic Violence on the Mental Health of Economically Disadvantaged Chilean Mothers. Symposium presentation at American Psychological Association Annual Convention, Chicago, IL.

Ramirez, C., Ceballo, R., Dahl, T. A., & Aretakis, M. T. (2000, August). Community Violence Effects on the Mental Health of Latino Children. Poster presented at American Psychological Association Annual Convention, Washington, D.C.

Dahl, T. A., Ramirez, C., Aretakis, M., & Ceballo, R. (2000, August). The effects of community violence on school-age children's academic achievement. Poster presented at American Psychological Association Annual Convention, Washington, D.C.

Ceballo, R. & Ramirez, C. (2000, June). Exposure to community violence and the psychological well-being of Latino/a children. Poster presented at the Family Research Consortium, Kestone, Colorado.

Ramirez, C., Maltese, K. L., Hearn, K. D., Ceballo, R. (2000, June). The neighborhood club: Supportive intervention groups for children exposed to community violence. Poster presented at the Society for the Psychological Study of Social Issues Convention, University of Minnesota, Minneapolis, MN.

Ceballo, R., Hearn, K., & Ramirez, C. (1999, June). Parenting and children's exposure to violence among poor inner-city families. Poster presentation at the Family Research Consortium, Bretton Woods, New Hampshire.

Hill, N. E., Ramirez, C. L., & Dumka, L. E. (1997, June). Adolescents' goals and perceptions of parent expectations of career goals: A qualitative examination of ethnically diverse, low-income adolescents. Poster presentation at the 6th Biennial Conference on Community Research and Action, Columbia, South Carolina.

Publications

Ritschel, L.A., Ramirez, C.L., Jones, M., & Craighead, W.E. (2011). Behavioral Activation for depressed teens: Results of a pilot study. Cognitive and Behavioral Practice, 18, 281-299.

Ceballo, R., Ramírez, C., & Maltese, K. L. (2006). A bilingual "neighborhood club:" Intervening with children exposed to urban violence. American Journal of Community Psychology, 37, 167-174.

Ceballo, R., Ramírez, Castillo, M., Caballero, G. A., & C., Lozoff, B. (2004). Domestic violence and women's mental health in Chile. Psychology of Women Quarterly, 28, 298-308.

Hill, N., Ramirez, C., & Dumka, L. (2003). Early adolescents' career aspirations: A qualitative study of perceived barriers and family support among low income, ethnically diverse adolescents. Journal of Family Issues, 24 (7), 934-959.

Ceballo, R., Ramirez, C., Hearn, K. D., & Maltese, K. (2003). Community violence and children's psychological well-being: Does parental monitoring matter? Journal of Clinical Child and Adolescent Psychology, 32, 586-592.

Ceballo, R., Dahl, T., Aretakis, M., & Ramirez, C. (2001). Inner-city children's exposure to violence: How much do parents know? Journal of Marriage and the Family, 63 (4), 927-940.

Committees

Latino Student Psychological Association, University of Michigan, Ann Arbor, MI, September 1998 – 2003.

Executive Committee, University of Michigan, Ann Arbor, MI September 2001 – 2003.

Curriculum Review Committee, University of Michigan, Ann Arbor, MI, February 2003 - May 2003.

Committee for the Study of Culture, Class, and Mental Health (CCCMH), University of Michigan, Ann Arbor, MI September 2001 – 2003.

Society Memberships

2010-Present Association for Behavioral and Cognitive Therapies

2004-Present American Psychological Association, Full Member

2000-2003 American Psychological Association, Student Affiliate