# Justine Wittenauer Welsh, M.D.

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# MEDICAL LICENSURE/BOARD CERTIFICATION

04/2016-Present Georgia State Medical License

04/2013-Present Massachusetts State Medical License

09/2014-Present American Board of Psychiatry and Neurology Certification in Psychiatry

09/2015-Present American Board of Psychiatry and Neurology Certification in Child and Adolescent Psychiatry

## WORK EXPERIENCE

08/2016-Present Assistant Professor, Emory University Department of Psychiatry and Behavioral Sciences

## **EDUCATION AND CLINICAL TRAINING**

05/2016-Present	Adolescent Community Reinforcement Approach (A-CRA) Clinician Certification	Chestnut Health Systems/Massachusetts General Hospital
06/2016-Present	Adolescent Community Reinforcement Approach (A-CRA) Supervisor Certification	Chestnut Health Systems/Massachusetts General Hospital
07/2015-06/2016	Addiction Psychiatry Fellowship	Partners HealthCare Harvard Medical School Affiliate
07/2013-6/2015	Child and Adolescent Psychiatry Fellowship	Cambridge Health Alliance Harvard Medical School Affiliate
07/2010-06/2013	Psychiatry Residency	Emory University School of Medicine
06/2004-05/2010	Combined B.S./M.D.	University of Akron and Northeast Ohio Medical University

# **AWARDS AND HONORS**

2015	American Academy of Addiction Psychiatry Fellow Travel Award
2015	American Academy of Child and Adolescent Psychiatry: 2015 AACAP Beatrix Hamburg Award for Best New Research Poster by a Child and Adolescent Psychiatry Resident, "Understanding the Effect of Exposure to Prevention Programming on Adolescent Substance Use Disorders: A National and Statewide Multivariate Comparison."
11/2014	American Academy of Child and Adolescent Psychiatry (AACAP) Resident Research Award in Substance Abuse and Addiction, supported by NIDA
2013-2014	Group for the Advancement of Psychiatry Fellowship Award
2013	American Academy of Child and Adolescent Psychiatry, Life Member Travel Grant Award
2013	1st Place, Joe & Hope Skobba Memorial Resident Research Award, Georgia Psychiatric Physicians Association
2012	2 <sup>nd</sup> Place, Joe & Hope Skobba Memorial Resident Research Award, Georgia Psychiatric Physicians Association
2011	1st Place, Joe & Hope Skobba Memorial Resident Research Award, Georgia Psychiatric Physicians Association

## RESEARCH

- 11/2014-10/2015 National Institute on Drug Abuse (NIDA)/American Academy of Child and Adolescent Psychiatry (AACAP)
  Research Award in Substance Abuse and Addiction, supported by NIDA: Understanding the Effect of Exposure to
  Prevention Programming on Adolescent Substance Use Disorders: A National and Statewide Multivariate
  Comparison. Mentor: Benjamin Cook, PhD, MPH.
- 08/2006-06/2007 Summa Healthcare System Summer Research Fellowship. Implementation and Evaluation of a Laparascopic Surgery Training Program. Mentor: Steven Schmidt, Ph.D.
- 06/2005-08/2005 Summa Healthcare System Summer Research Fellowship. Wound Healing. Comparison of Parameters of Wound Healing Between Full Thickness Wounds Treated with an Inoculum of Adipose Tissue-Derived Microvascular Cells versus Controls in a Swine Model. Research Sponsored by Johnson and Johnson. Mentor: Steven Schmidt, Ph.D.

#### RESIDENCY AND FELLOWSHIP ACTIVITIES

- 09/2014-12/2014 Teaching Associate. Harvard University Freshman Seminar: Frameworks for Understanding Psychological Development, Disorder and Treatment: Learning through Literature and Research
- 2011-2013 Quality Improvement Project Involuntary Admission For Mental Illness, Improving Documentation and Practice (Inter-Departmental Project between Psychiatry and Emergency Medicine)

#### **GUEST EDITORSHIP AND PEER REVIEWING**

04/2016-Present	The Primary Care Companion for CNS Disorders, Peer Reviewer
2011-2014	American Journal of Psychiatry Residents' Journal, Peer Reviewer
11/2013	American Journal of Psychiatry Residents' Journal, Guest Editor for Section on Adolescent Psychiatry
07/2012	American Journal of Psychiatry Residents' Journal, Guest Editor for Section on ADHD

## **CONSULTING**

04/2016-Present Analgesic Solutions, Consultant. MADDERS (Misuse, Abuse and Diversion Drug Event Reporting System)
Adjudicator

#### **PUBLICATIONS**

Wittenauer Welsh J, Janjua A, Garlow S, McCormick L, Hermida A. (in press) Use of Expert Consultation in a Complex Case of Neuroleptic Malignant Syndrome Requiring Electroconvulsive Therapy. J Psychiatr Pract.

Wittenauer Welsh J, Rodriguez C, Suzuki J. (in press) Bilateral upper extremity cellulitis from injecting crack cocaine dissolved in lemon juice: A case report. Prim Care Companion CNS Disord.

Votaw VR, Wittenauer J, Connery HS, Weiss RD, McHugh RK. Perceived risk of heroin use among nonmedical prescription opioid users. Addict Behav. 2016 (Epub ahead of print). PMID: 27544695

Wittenauer J. AAAP Urges Expanding Prescriber Training at Hearing. American Academy of Addiction Psychiatry News. Summer 2016 Edition.

Rappaport N, Wittenauer J, Is this student safe at school? The Safety Assessment Model. Education Leadership 2015;(73)2.

Wittenauer J, Rappaport N, Risk Assessment of Students' Online Behaviors: The Role of the Mental Health Consultant. JAACAP Connect 2015;(2)3.

**Wittenauer J**, When is Enough Just Right: Navigating the New EMR World from a Trainee's Perspective. The American Academy of Child and Adolescent Psychiatry News 2015:46(3)114-115.

- Wittenauer J, Ascher M, Briggie A, Kreiter A, Chavez J. The Role of Complementary and Alternative Medicine in Adolescent Substance Use Disorders. Adolescent Psychiatry 2015:5(2)96-104. ISSN: 2210-6766
- Wittenauer J, Ascher M, Rappaport N (2015). Adolescent Substance Use and Associated Problems. Scarlett W (Ed). Classroom Management: An A-to-Z Guide. New York, NY. SAGE Press. Print ISBN: 9781452241395
- Brennan T, Luo S, **Wittenauer J**. (2015) Chapter 5: Internet Addiction in Ascher M, Levounis P, *The Behavioral Addictions*. Washington, DC: Amer Psychiatric Pub.
- Ascher M, Wittenauer J, Avery J. Alternatives to the 12-Step Groups. Current Psychiatry 2013;12(9):E1-E2.
- Wittenauer J, Ascher M. 'Prescribing' Companion Animals for Patients with Mental Illness. Clinical Psychiatric News. Published online May 10, 2013.
- Ascher M, **Wittenauer J**, Heru A, Berman E. Confidentiality and the Family: 5 Guidelines for Better Outcomes. Psychiatric Times. Published online, April 11, 2013.
- Vahabzadeh A, **Wittenauer J**, McDonald WM. Web Based Involuntary Commitment Educational Project for Emergency Medicine Residents, an Interdepartmental Quality Initiative. Academic Psychiatry 2013;37(1)64-65. PMID:23338880
- **Wittenauer J**, Baptiste C, Colvin E. Correlation and Treatment of ADHD in Substance Use Disorders. Am J Psychiatry Res J 2012;7(7)15-16.
- Wittenauer J. Delivered from Distraction: Getting the Most out of Life with Attention Deficit Disorder; A Resident's Review. Am J Psychiatry Res J 2012;7(7)18.
- Vahabzadeh A, Wittenauer J. Reaping the Rewards of Collaboration. Psychiatric News. 2012;47(9):16.
- Carr E, Woods A; Vahabzadeh A; Sutton C; **Wittenauer J**; Kaslow, N. PTSD, Depressive Symptoms, and Suicidal Ideation in African American Women: A Mediated Model. J Clin Psychol Med Settings. 2013; 20:37–45. PMID:22802144
- Wittenauer J: The Role of Oxytocin in Autism Spectrum Disorders. Am J Psychiatry Res J 2011;6(11):6-8.
- Vahabzadeh A, **Wittenauer J**, Erika Carr. Stigma, Schizophrenia and the Media: Exploring Changes in the Reporting of Schizophrenia in Major US Newspapers. Journal of Psychiatric Practice. 2011;17;(6):439-446. PMID: 22108403
- Vahabzadeh A, Goldberg R, **Wittenauer J**, Posse PR, Juul S. Residents benefit from insights into the role and challenges of psychiatry departments. Acad Psychiatry. 2011;35(4):273. PubMed PMID: 21913372
- Wittenauer J, Vahabzadeh A. Reducing and Preventing Cannabis Use in High-Risk Patients. Am J Psychiatry Res J 2011;6(3):13-15.
- Vahabzadeh A, Wittenauer J, Recession Imposes New Challenges on Psychiatric Care. Psychiatric News 2010;45;(23):36.
- Vahabzadeh A, **Wittenauer J**. Treatment of Neuroleptic Malignant Syndrome with Electroconvulsive Therapy. Am J Psychiatry Res J 2010;5;(11):12–13.
- Bender E, Springhetti S, Shemisa K, **Wittenauer J.** Left-Sided Gallbladder (Sinistroposition) With Duplication of the Common Bile Duct. JSLS. 2007;11(1): 148–150. PMID: PMC3015804

#### POSTER PRESENTATIONS

- Wittenauer J, Carlson L, Tester R, McHugh K, Connery H, Bogunovic O. The Role of Case Management in an Outpatient Buprenorphine Program. McLean Research Day, Jan 2016.
- Wittenauer J, Hou S, Cook B. Understanding the Effect of Exposure to Prevention Programming on Adolescent Substance Use Disorders: A National and Statewide Multivariate Comparison. American Academy of Adolescent and Child Psychiatry, Oct 2015.
- **Wittenauer J**, Hou S, Cook B. Understanding the Effect of Exposure to Prevention Programming on Adolescent Substance Use Disorders. Harvard Psychiatry Research Day. Boston, Apr 2015.

- Wittenauer J, Vahabzadeh A, Schwartz A. Stigma and antidepressant medication, a content analysis of digital media on YouTube. Georgia Psychiatric Physicians Association Meeting, Atlanta, Feb 2013.
- Vahabzadeh A, **Wittenauer J,** Goldsmith D, Schwartz A. Social Media Engagement and Portrayal of Antidepressant Medication. American Psychiatric Association Meeting, San Francisco, May 2013.
- Lloyd RB, **Wittenauer J**, Skelton, K. Characterization of Somatization in Veterans with Postraumatic Stress Disorder. American Psychiatric Association Meeting, Philadelphia May 2012.
- Vahabzadeh A, Carr E, **Wittenauer J**. Improving Prosocial Behavior in Autism Spectrum Disorders: An Overview of Intranasal Oxytocin. Atlanta Autism Consortium, Atlanta, May 2011.
- Lloyd RB, Garrido PJ, Lakia A, Bennasar M, **Wittenauer J**, Carr E, Vahabzadeh A. A content analysis of newspaper articles describing Posttraumatic Stress disorder in the United States and United Kingdom. American Psychiatric Association Meeting, Hawaii, May 2011.
- Carr E, Wood A, Vahabzadeh A, **Wittenauer J**, Kaslow N. Illuminating the Comorbidity of PTSD, Depressive Symptomatology, and Suicidal Ideation in African American Women: A Mediated Model. American Psychological Association Meeting, Washington D.C, 2011.
- Carr E, Vahabzadeh A, **Wittenauer J**. A Content Analysis of Bipolar Disorder related video media on Youtube.com . American Psychological Association Meeting, Washington D.C, August 2011.
- Vahabzadeh A, Wittenauer J, Carr E. Schizophrenia, Murder and Newspapers Investigating the reporting of Schizophrenia in Georgia's Newspapers. Georgia Psychiatric Physicians Association meeting, Atlanta, Feb 2011.
- Vahabzadeh A, **Wittenauer J**, Carr E. Searching for Schizophrenia: Exploring the depiction of Schizophrenia on Youtube.com. Georgia Psychiatric Physicians Association meeting, Atlanta, Feb 2011.
- Vahabzadeh A, **Wittenauer J**, Robert Brett Lloyd, Barbara D'Orio, William McDonald. Improving Documentation for Involuntary Commitment: An Inter-developmental Educational Initiative for Resident Physicians. Georgia Psychiatric Physicians Association meeting, Atlanta, Feb 2012.

#### **INVITED LECTURES**

12/2016	Co-Presenter, "Treatment for Substance Use Disorder Patients on Benzodiazepines: Managing Anxiety Disorders and Insomnia." Accepted workshop at AAAP's Annual Meeting, Bonita Springs, FL
04/2016	Adolescent Substance Use Disorders, Cambridge Health Alliance Adult Psychiatry Residency. Cambridge, MA.
03/2016	Keynote Speaker, Falmouth Community Presentation on Opioid Crisis. Falmouth, MA
12/2015	Understanding the Effect of Exposure to Prevention Programming on Adolescent Substance Use Disorders, McLean Hospital: The Addiction Research Brown Bag Lunch Seminar Series. Belmont, MA
10/2015	Co-Presenter, Buprenorphine Waiver Training Course
10/2015	Co-Presenter: "Ethical Dialectics and Dilemmas in Using Electronic Medical Records in Child Psychiatry Practice," Clinical Perspectives presentation at AACAP's 62nd Annual Meeting. San Antonio, TX
02/2015	Adolescent Substance Use Disorders, Cambridge Health Alliance Adult Psychiatry Residency. Cambridge, MA.
Fall 2014	Harvard Freshman Psychology Course, Teaching Associate. Cambridge, MA
10/2014	Fetal Alcohol Syndrome and School Impairments, Putnam Ave. Upper School Special Education Department. Cambridge, MA
10/2013	Fetal Alcohol Syndrome and School Impairments, Morse Elementary School Special Education Department. Cambridge, MA

# PROFESSIONAL ORGANIZATION MEMBERSHIPS

- American Academy of Addiction Psychiatry (AAAP)
  - o American Brain Coalition Representative, Member of the Advocacy Committee
  - o AAAP Representative to FDA Open Public Hearing, Oral Presentation on ER/LA Opioid REMS
- American Academy of Child and Adolescent Psychiatry
- American Psychiatric Association
- American Medical Association