

ABOUT CAMP

Emory's Child and Adolescent Mood Program (CAMP) is an interdisciplinary clinical research program that aims to provide and improve best practices for children and adolescents with mental health difficulties. The CAMP team includes psychiatrists, psychologists, postdoctoral fellows, and masters-level clinicians who work collaboratively to provide exceptional treatment for your child or adolescent.

INTERNSHIP IN CLINICAL PSYCHOLOGY

CAMP offers a two-year, part time internship that is exclusively affiliated with the Clinical Psychology PhD Program at Emory University. Psychology interns have several clinical responsibilities, including providing individual therapy, group therapy, parent training, and assessment for a variety of patients. The CAMP internship seeks to build on the skills developed during the doctoral education and training in order to graduate competent entry-level clinical psychologists who can function in a variety of settings and continue to develop professionally throughout their careers. The philosophy of the internship program is consistent with the doctoral program model, the clinical science model. As part of our approach as a clinical science program, interns are trained to be both scientists and practitioners in a reciprocal fashion such that their clinical experiences help them formulate research questions and research informs clinical practice. Over the two-year period, psychology interns will be trained in evidenced based assessments and treatments.



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For details & information about accreditation, visit:
www.camp-emory.com/training.htm

12 Executive Park Drive NE, Suite 200
Atlanta, GA 30329



EMORY UNIVERSITY SCHOOL OF MEDICINE

Child, Adolescent & Young Adult
Psychology Internship Program

*Department of Psychiatry & Behavioral
Sciences*

STATEMENT ON DIVERSITY, INCLUSION & EQUITY

--- THE CHILD, ADOLESCENT AND YOUNG ADULT INTERNSHIP PROGRAM OF EMORY UNIVERSITY SCHOOL OF MEDICINE VALUES DIVERSITY AS IT PERTAINS TO RACE, ETHNICITY, CULTURE, LANGUAGE, GENDER, SEXUAL ORIENTATION, SOCIOECONOMIC STATUS, AGE, RELIGION, POLITICAL BELIEFS, AND PHYSICAL ABILITIES. AS A PROGRAM, WE EMBRACE INDIVIDUAL DIFFERENCES, EMPHASIZE THE IMPORTANCE OF MULTICULTURAL AND INTERSECTIONAL IDENTITIES, AND CULTIVATE A CULTURE OF INCLUSIVITY. WE WELCOME AND VALUE OUR FACULTY, STAFF AND TRAINEES FROM DIVERSE BACKGROUNDS AND WITH VARIED LIFE EXPERIENCES. WE PROMOTE A CLIMATE OF RESPECT AND CIVILITY, AND STRIVE TO ENSURE THAT WE PROVIDE A SAFE SPACE FOR DISCOURSE.

--- OUR TRAINING PROGRAM AIMS TO PROMOTE MULTICULTURAL KNOWLEDGE, DEMONSTRATE CULTURAL AWARENESS AND SENSITIVITY, AND PRACTICE MULTICULTURAL SKILLS. OUR PROGRAM UNDERSCORES THE IMPORTANCE OF DIVERSITY BY PROVIDING OUR INTERNS OPPORTUNITIES TO LEARN TO PROVIDE CULTURALLY SENSITIVE AND INFORMED CARE. THESE OPPORTUNITIES INCLUDE DIDACTIC SEMINARS, CASE CONSULTATIONS, CLINICAL SUPERVISION, AND SUPERVISED SERVICE PROVISION. OUR URBAN SETTING ENABLES US TO SERVE DIVERSE POPULATIONS, THUS AFFORDING OUR TRAINEES OPPORTUNITIES FOR VALUABLE EXPERIENTIAL LEARNING. MOST IMPORTANTLY, WE FOSTER A TRAINING ENVIRONMENT THAT INSTILLS THE VALUE OF LEARNING AND HUMILITY, WHICH ARE VITAL TO PRACTICING CULTURALLY COMPETENT CARE.

--- WE PLEDGE TO TREAT ALL INTERNS, FACULTY, STAFF AND THE PEOPLE WE SERVE FAIRLY AND WITHOUT DISCRIMINATION. WE ARE COMMITTED TO EQUITY AND TAKE PRIDE IN HAVING DIVERSE TRAINEES, FACULTY AND STAFF. WE VALUE ONGOING EVALUATION, ENCOURAGE FEEDBACK, AND ALWAYS STRIVE TO MAKE IMPROVEMENTS.

INTERNSHIP SITE

The CAMP Internship Program is housed within the Department of Psychiatry and Behavioral Sciences at Emory's Brain Health Center. Located in the North Druid Hills area of Atlanta, Georgia, the families we serve reflect the diverse and multicultural population of Metro Atlanta.

SUPERVISED CLINICAL TRAINING EXPERIENCES

Individual & Group Psychotherapy

Interns are supervised by licensed psychologists while providing individual and group psychotherapy to children, teens and young adults. Interns use various evidence-based approaches in treatment (including CBT, BA, DBT, ACT, and various exposure therapies).

Diagnostic & Psychoeducational Assessments

Interns learn how to administer structured and semi-structured interviews and to employ various testing tools to evaluate presenting conditions, provide diagnostic impressions, and make recommendations.

Parent Management Training

Interns have the opportunity to work with parents in developing a behavioral plan to reduce children's noncompliance and defiant behaviors.

Supervision of Supervision Rotation

This three-month rotation provides second-year interns a chance to supervise a first-year intern on one case. The second year intern is, in turn, supervised by a licensed clinician who provides the intern-supervisor with guidance on supervision processes.

ADDITIONAL TRAINING EXPERIENCES

Consultation Team

Faculty and interns participate in bi-weekly consultation team meetings (modeled after DBT consultation team); interns and licensed clinicians work collaboratively to develop case formulations and engage in problem solving.

Research Group

Internship faculty and interns meet bi-weekly to discuss research studies, present individual research, and receive feedback and support during the dissertation process.

DIDACTICS & GRAND ROUNDS

Interns have the opportunity to learn from diverse guest speakers about a variety of topics that are critical for psychology trainees. Topics include assessment methods, evidence-based treatment approaches, supervision, professional development, working with special populations, etc. Topics in our Diversity Series include culturally informed care for African American, Asian American, Latinx, LGBTQ youth and families.

In addition to internship-specific didactics, interns can also attend psychiatry grand rounds, which features a variety of lectures, from basic science to multicultural competency, given by prominent speakers from diverse backgrounds.

SPECIALIZED CLINICS & PROGRAMS

Healthy Eating and Weight Services (HEWS)

The program is designed to help children, teens and young adults who struggle with eating and weight concerns. DBT, AAT and CBT approaches are used in treatment.

Mood Regulation Skills Program

Using elements of CBT and DBT, this weekly group therapy program is developed for teens who have difficulties managing their mood.

Young Adult DBT Clinic

The DBT program uses a multimodal treatment approach (group and individual therapy, coaching) to treat young adults with emotion regulation difficulties.

CBT Skills Program for Anxious Children

This CBT program is designed to help children with GAD, Social, and Separation Anxiety develop skills to reduce worry and avoidance.

Incredible Years Parenting Program

This 10-week behavioral group therapy is designed for parents who need support and skills to manage noncompliant and oppositional children.

BA, CT, and CBT Studies for Depression

Interns have the opportunity to serve as a therapist in clinical studies and use manualized treatment protocols to treat depression in teens and adults.

Our Commitment

To highlight our commitment to maintaining a diverse and inclusive program, we (a) insure that diversity factors are considered in every aspect of training, (b) allocate educational funds to support the professional development of diverse faculty and interns, and (c) have annual retreats and periodic climate surveys to evaluate our progress and strengthen this commitment.

